

Make Your Own Bird Buffet (Suet) Recipe

What You'll Need:

- 1 container
 - You can use a silicone mold through [You Do It Suet](#), a Tupperware, or a bread pan.*
- 1 cup liquid meat fat (i.e. bacon grease, ground beef fat, tallow, lard) or coconut oil
- ¼ - ½ cup of any of the following ingredients:
 - Oats
 - Cornmeal
 - Flour
 - Peanut Butter
 - Seeds (pumpkin, sunflower, hemp, birdseed, etc.)
 - Bread Crumbs
 - Dried Fruit (raisins, raisins, etc.)
 - If using larger dried fruits, chop/dice into small pieces
 - Millet
 - Eggshells**
 - Coconut flakes
 - Almonds (chopped)

*The bread pan will make enough for two suet blocks, which you can put a piece of cardstock/cardboard between when freezing.

**Birds don't have teeth like us to grind up their food, so they swallow sand, small gravel, and eggshells to fill their crop (a muscular pouch in their throat) that grinds up the food they eat!

Directions:

1. Fill container with liquid fat or coconut oil.
2. Mix additional ingredients.
3. Put into freezer for 2-3 hours, or until frozen.
4. Take suet block out of container and put into suet feeder or open feeding tray.
5. Enjoy watching birds devour your delicious buffet!

Note: It may take birds a few days to find your suet. Keep a watchful eye and don't be discouraged!

For more fun recipes, check out You Do It Suet recipes for [wild birds](#) or [chickens](#)!